



MindMatters Hypnosis Center

Pain Management Classes

“Cycle of Pain”

Tension = Fear = Pain

Fear = Tension = Pain

- *Hypnosis reduces tension and fear...
When fear and tension are reduced, pain automatically diminishes and is sometimes eliminated completely*

**Utilize the
Power
Within!**

**Four classes
Meets once weekly
1.5 hours**

420.00 For All Four Classes

817-652-8042

*Conveniently located in SE
Arlington, Texas 76018*

<http://mindmattershypnosis-online.com/>
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** Hypnosis is adjunctive to and compliments traditional treatments. The services offered at MindMatters Hypnosis Center are not intended to replace medical advice or treatment from a licensed medical doctor or mental health practitioner.